

Parent Resources - Brunswick County

REFERRAL

CareLine	
Toll Free: 1-800-662-7030 http://www.ncdhhs.gov/	Provides contact information for different programs through the North Carolina Department of Health and Human Services
Child Care Resource & Referral	
Region 4 Puzzles 1-800-653-5212	Referrals for parents looking for quality childcare, provides referrals to community resources and information

FAMILY SUPPORT

Communities in Schools of Brunswick County	
Contact: Debbie Gurreri, 910-253-5327, ext. 1435 Parenting Education Director c/o Brunswick County Academy 1109 Old Ocean Hwy. Bolivia, NC 28422 cisparenting@atmc.net	CIS Parenting Education is a comprehensive program that is designed to meet the specific needs of parents and their children. Our parenting program relies on the Incredible Years and Parenting Wisely models. The Single Parent Support Group is opened to anyone and their children. They meet at Supply Elementary the 1st and 3rd Thursday of each month from 5:45pm-7:30pm. They enjoy a family meal together and then child care is provided while the parents meet. The Grandparents Raising Grandchildren Support Group meets the 2nd and 4th Thursday of each month at the Leland- 5th district Community Center from 6:30pm-8:30pm. A family meal is served and then childcare is provided while the grandparents meet. Anyone interest in attending these groups, please call Debbie Gurreri
Family Support Network of Southeastern NC	
Phone: (910) 792-6133 or 1-877-749-7011 4701-1 Wrightsville Avenue Wilmington, NC 28403 www.supportfamilies.org Email: office@supportfamilies.org ; Central Directory: FSN.NC.org or Toll Free at 1-800-852-0042	Services available to parents with children that: were born premature or with other special conditions, have a developmental or learning disability, have a chronic illness, have emotional, behavioral or attention challenges, has a disability that resulted from a traumatic accident or illness, and/or a foster child. Services include: parent-to-parent program, assistance with school issues, information and resource referrals locally and statewide, and training.
Parenting of Teens Support Group	
Phone: (910)253-4087 teencourt@brunscoco.net	The Teen Court Parenting Program consists of a six week program which uses Parenting Wisely and Active Parenting of Teens curriculums. The group usually meets from 6pm to 8pm on the 3rd and 4th Tuesday of each month and is open and free to all Brunswick County parents of teens. This is made possible by the joint venture between the District Attorney's Office and Communities In Schools and funding by the Brunswick County Juvenile Crime Prevention Counsel.
Parents as Teachers	
Contact: Melanie Warnick Smart Start of Brunswick County 5140 Sellers Rd. Shalotte, NC 28470 Phone (910) 754-3166	Services are geared towards families with a child aged 0-5 in the home. Services including information and activities are provided in the family's home and are based on the needs of the family. Visits are made twice a month for a family with a child aged 0-3 and once a month for a family with a child aged 4-5. Referrals can be made to the program through a school social worker. The family must live in Brunswick County and the child must have up-to-date shot records.
Seaside United Methodist Church Grandparent Support Group	
Phone: (910) 579-5753 Seaside United Methodist Church 1300 Seaside Road SW, Sunset Beach	Support Group for grandparents raising grandchildren. Meets weekly, peer support, faith-based, facilitated by Associate Pastor.

Children's Developmental Services Agency (CDSA)	
Contact: Kathy Clayton Phone: 251-5817 or 1-877-763-3120 3311 Burnt Mill Drive Wilmington, NC 28403	The CDSA is the lead agency for determining eligibility for early intervention services under IDEA Part C, aged birth to 3 years including children referred under the Child Abuse Prevention and Treatment Act (CAPTA). Also provides case management services and oversight of all providers carrying out treatment for those children found eligible for services.
Coastal Horizons Center Prevention Programs	
Contact: Meredith Lott Phone: (910) 202-0840	Guiding Good Choices Class for parents of children in grades 4-8 consisting of five 2-hour sessions over a 5-week period. Strengthening Families Class for parents of K-5th graders who want help communicating, setting clear standards and learning more about each other consisting of 14 sessions that last 2 ½ hours each. Strengthening Families Class for parents of children aged 10-14 consists of 7 sessions that last 2 ½ hours each. Programs are provided free to parents, some eligibility requirements must be met.
Brunswick County Schools Exceptional Children Preschool Program	
Contact: Charli Arman Preschool Coordinator 35 Referendum Drive Bolivia, NC 28422 Phone: (910) 253-1075 carman@bcswan.net	Preschool Program services are available to children ages three through 5 who are eligible for special education and related services as appropriate. Placement should be in the most natural and least restrictive environment (LRE). Preschool Program services may include: Early identification and screening, Multidisciplinary evaluations, Special education (services in the home, school-based or itinerant). Related services such as: Audiology, Counseling, Interpreting, Medical services for evaluation purposes, Occupational therapy, Orientation and mobility, Physical therapy, School nurse, Social work, Speech-language therapy, Transportation.

North Carolina Community Care	
Contact: Adult Nurse Case Manager for Carolina Access Medicaid recipients: Barbara Stern; Pediatric Case Managers for Carolina Access Medicaid recipients: Connie McMurray; Phone: (910) 763-0200; 201 N. Front St., Suite 209, Wilmington, NC 28401; Fran Harris; Phone: (910) 754-5639; PO Box 1876, Shallotte, NC 28459	Medical case management including disease management for Asthma, COPD, Diabetes, Heart Failure, High Cost High Risk, and ER utilization. Offers education to both patients and physician offices utilizing best practices guidelines to Carolina Access Medicaid patients.
Health Check Coordinators: Shannon Robinson – 910-763-9120 Kay Bradshaw – 910-259-9120 Or 1-800-953-0203	Educating parents about the benefits of Health Check / EPSDT and the importance of establishing a medical home. Connecting families with community resources, and Access III Care Management Services. Counseling parents about the well check screening schedule and the importance of receiving regular check-ups.
Care Coordination for Children	
Contact: Deborah Maxwell, CC4C Care Manager Phone: (910) 253-2292 Brunswick County Health Department 25 Courthouse Dr. NE/ PO Box 9 Bolivia, NC 28422 - dmaxwell@brunsco.net	The CSC works with parents of children from 0-5 with medical, developmental and socio-emotional concerns. Other children in this age range may be eligible for services if there are significant concerns about their health, growth or development. The Child Services Coordinator becomes a link for the family with needed resources.
Women, Infant and Children (WIC)	
Contact: WIC; Phone: (910) 253-2288 or 1-888-428-4429; Brunswick County Health Department, 25 Courthouse Dr. NE/P.O. Box 9, Bolivia, NC 28422. Leland (371-6868) and Shallotte (754-3177) areas.	WIC provides supplemental nutritious foods to eligible pregnant, breastfeeding and postpartum women, infants, and children who are at nutritional risk.
Local Pediatricians	
Seashore Pediatrics 3650 Express Dr. Shallotte, NC 28470 754-2229	Seashore Pediatrics 1517 North Howe St. Unit 7&8 Southport, NC 28461 454-8877

Shore Fun Pediatrics

14 Doctors Circle #3
Supply, NC 28462
754-7075

Knox Clinic Pediatrics

20 Medical Campus Dr. #207
Supply NC 28462
755-5066

Oak Island Pediatrics

4734 Long Beach Rd. SE
Southport, NC 28461
457-0070

Coastal Pediatrics

1035 Grandiflora Dr. #102
Leland, NC 28451
371-3212

Leland Pediatrics

509 Olde Village Circle
Leland, NC 28451
383-3883

Additional resources:

Health Insurance

- NC Healthy Start Foundation - All Ages
 - <http://www.nchealthystart.org/>
 - Health Insurance application information <http://www.nchealthystart.org/public/childhealth/index.htm>

DSS – All Ages

- Health Insurance Assistance – All Ages
- Transportation Assistance – All Ages
- CAP Services – All Ages
 - Brunswick County http://www2.ncdhhs.gov/dss/local/dir_brun.htm

Health Department - All Ages

- CC4C - Ages 0-5
 - Health service coordination. No cost to the family.
- WIC - Pregnancy – 5th birthday
 - Supplemental foods, health care referrals, and nutrition education.
 - Brunswick County <http://www.brunswickcountync.gov/>

· Service Coordination

- Community Care of the Lower Cape Fear - All Ages
 - Providing care management and patient support services for Medicaid and Health Check enrollees; no cost.
 - <http://www.carelcf.org/about-us/contact-us/>

Screenings

Developmental Assessments

- CDSA – Ages 0-3
 - Provides supports and services to children up to three years who have disabilities or delays in one or more areas of development.
 - <http://www.bearly.nc.gov/index.php/contact/cdsa>

Preschool Programs

- Head Start - Ages 3-5
 - Supports low-income 3-4 year old children and their families by helping meet their emotional, social, health, nutritional and psychological needs and ensuring they are better prepared for school; no cost.
 - <http://eclkc.ohs.acf.hhs.gov/hslc/hs/directories/apply/howdoiapplyfo.htm>
- EC Pre-K – Ages 3-5th birthday
 - Helps children develop the academic and life skills that will carry them into adulthood.
 - <http://www.earlylearning.nc.gov/PreKindergarten/PreschoolEC/infoforFamiliesEC.asp>
 - Brunswick County 910-859-2210
 - <http://www.brunswickcountyschools.org/>

IEP Assistance

- ECAC – All Ages
 - Provides information and resources to the families of children with disabilities in North Carolina.
 - <http://www.ecac-parentcenter.org/Default.aspx>

Mental Health Services

- Trillium – Ages 3 and Up
 - Manages, coordinates, and monitors mental health, developmental disability and substance abuse services; little or no cost. Covers New Hanover, Brunswick, Pender, and Onslow County.
 - <http://www.ecbhlme.org/>
- RHA Mobile Crisis Unit – All Ages
 - Intensive on-site intervention to people of all ages who are experiencing a crisis due to mental health disturbances, developmental disabilities, or addiction. Covers Pender, New Hanover, and Brunswick County.
 - <http://www.rhbehavioralhealth.org/uploads/general/MCM%20Brochure.pdf>

Autism Services

- TEACCH – All Ages
 - Delivers services to people with autism and their families, trains professionals & parents about autism and autistics; no cost.
 - <https://www.teacch.com/regional-centers/wilmington-teacch-center>
- Autism Society of North Carolina
 - Statewide network of affiliated programs for families of children with special needs; puts parents in touch with other parents; no cost.
 - <http://www.autismsociety-nc.org/index.php/get-help/families/support-group-link>

Disability Services

- **Disability Rights**

- A team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across North Carolina.
- <http://www.disabilityrightsc.org/>

- **Easter Seals UCP**

- Statewide program that aims to create opportunities, promote individual choice, and change the lives of children and adults with disabilities by maximizing their individual attention to live, learn and work in their communities.
- <http://www.easterseals.com/NCVA/>

Developmental Milestones – All Ages

- Skills such as taking a first step, smiling for the first time, and waving “bye bye” are called developmental milestones.
- <http://www.cdc.gov/ncbddd/actearly/milestones/>

Parenting Information

- **Healthy Children.org – All Ages**
 - General information related to child health or for more specific guidance on parenting issues, immunization information, and other health information.
 - <https://www.healthychildren.org/English/Pages/default.aspx>
- **ALL Parent Support/Classes – All Ages**
 - CCLCF PDF lists all counties
- **Family Support Network**
 - A statewide network of affiliated programs for families of children with special needs; puts parents in touch with other parents; no cost.
 - <http://www.fsnn.org/>
- **Prevent Child Abuse**
 - Resources available to take action against child abuse.
 - <http://www.preventchildabuse.org/contact-us/emergency-contacts>

Nutrition and Exercise

- **Eat Smart Move More North Carolina – All Ages**
 - <http://www.eatsmartmovemorenc.com/>
- **Myplate – All Ages**
 - <http://www.choosemyplate.gov/>

Dental/Vision Providers

- ALL CCLCF PDF

Medical Providers

- ALL – CCLCF PDF

Physical Therapy

- ALL – CCLCF PDF

Speech Therapy

- ALL – CCLCF PDF

Mental Health Providers

- Ages 0-5 – CCLCF PDF

Do you have questions about your or your child's health?

Call your doctor's office or Vitaline at 910-815-5188 or 888-815-5188

Additional Questions about these resources?

Call your local Health Check Coordinator at: 910-763-0200